## **HOW TO OVERCOME BAD HABITS**

**SCRIPTURES:** Ephesians 4:29; Romans 12:1-2; Philippians 2:14; 1 Corinthians 10:13; Galatians 5:16-26; Proverbs 3:5-6; Philippians 4:13; Luke 9:23-25; Revelation 12:11

How do we know they're bad habits?

- A. The Word of God
- B. The conviction of the Holy Spirit
- C. WWJD What Would Jesus Do?

Know that God through the Holy Spirit will give you His strength to overcome the bad habits. Philippians 4:13

## What to do?

- A. Repent: Say you are sorry. 1 John 1:9
- B. **Pray:** Ask God to forgive and cleanse you and give you a new start. Close the doors that have been opened spiritually. Door Openers: drugs, sexual immorality, occult, generational.
- C. **Renew** your mind daily. Romans 12:1-2. You renew your mind by reading, thinking about, and memorizing the Word of God.
- D. **Purpose** in your heart to avoid those things that are bad for you. Luke 9:23-25. (Friends, TV shows, movies, reading materials, music) Remember WWJD?

When you get saved, God comes into your Spirit. God made you with a Body, Mind, Spirit and Soul. God wants to inhabit all areas.